



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Ball Skills : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Fundamentals Ball Skills	Gymnastics Sending and Receiving	Gymnastics Target Games	Dance Invasion Games	Dance Net and Wall Games	Athletics Striking and Fielding Games
Year 2	Fundamentals Ball Skills	Gymnastics Sending and Receiving	Gymnastics Target Games	Dance Invasion Games	Dance Net and Wall Games	Athletics Striking and Fielding Games
Year 3	Fundamentals Y3/4 Dance	Hockey Dance	Gymnastics Ball Skills Y3/4	Yoga Dodgeball	Tennis OAA Swimming	Athletics Cricket
Year 4	Fundamentals Y3/4 Dance Swimming	Hockey Dance	Gymnastics Ball Skills Y3/4	Handball Gymnastics	OAA Tennis	Athletics Rounders
Year 5	Fitness Dance	Gymnastics Football	Gymnastics Basketball	Badminton Y5/6 Dodgeball Swimming	Tennis Cricket	Athletics Rounders
Year 6	Dance OAA	Gymnastics Fitness	Parkour Basketball Swimming	Dodgeball Hockey	Tennis Cricket	Athletics Rounders